

PRESS RELEASE - FOR IMMEDIATE RELEASE - Thursday June 12th, 2008

[Minneapolis, MN] Sick of Sarah and Autonomy present two distinct flavors of Minneapolis rock to kick off summer '08

Veteran rock outfit Autonomy unites with the up-and-coming hotness of Sick of Sarah for June 20th Trocadero's show.

June 20th is the official first day of summer, and Minneapolis rock bands Autonomy and Sick of Sarah intend on starting it off with a bang. Trocadero's in downtown Minneapolis is hosting a concert event which showcases these two distinctive and uniquely awesome hometown bands.

On one hand there is the headliner: Sick of Sarah. This all-girl rock band formed in Minneapolis in 2005 and immediately got to work building the insane buzz that follows them wherever they go. They've appeared on MTV's Battle of the Bands show and have toured extensively with their own brand which is often described as an acoustic/electronic rock hybrid of sorts filled with catchy hooks and clever humor. Their songs combine sympathetic acoustic moments with driving electronic rock, often in the same song. It's unique well-crafted music with thoughtful lyrics that has listeners singing along after the first chorus.

On the other hand we have Autonomy, veterans of the Twin Cities music scene. This band has found its staying power since forming in 2001 through a rabidly loyal fan base devoted to the power trio's technical and compelling approach to original hard rock. By contrast, Autonomy takes itself very seriously and demonstrates its incredible chops through intricate rhythms and surging dynamic displays of power. They've spent years focusing people's attention back on the talent that exists in their local scene, addressing local issues, and stressing a return to musicianship over gimmicks and glitter. They constantly challenge their audience to support local music, seek out independent artists, and challenge an industry that favors spoon-feeding people cookie-cutter variety in modern music.

One group has an acerbic tongue-in-cheek wit, and the other has a dead-serious brooding darkness about them. One grew to popularity very quickly; the other has had a slow and steady build over many years. They both share one common goal- to start off summer with an exciting showcase of local talent.

Both bands bring fantastic Minneapolis-born rock to the big fancy Trocadero's stage on June 20th. Tickets are \$7 and are available online (www.trocaderos.com) or at the door.

www.adamantrecords.com/Artists/SickOfSarah.html
www.AutonomyRocks.com

Booking by Nick Oz, Oz Enterprizes (651)645-0159 / oz@ozenterprizes.com
Record Label Partner – Bluesky Artists Worldwide / UTR Music Group (612) 332-3904

